Restore Hands & Feet

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nature Rooibos Hand Delight** 30min and & Arm Rooibos Exfoliation	R24
ŭ	R29
cicle Care, Hand Massage, and Scrub, File & Paint.	1(2)
Manicure** 90min cicle Care, Hand Massage, Hand Scrub, drating Paraffin Hand Massue, File & Paint.	R33
imate Manicure** 90min	R40
nd Masque,Vitamin Treatment & Hand Massage.	
dicures	
nature Rooibos Foot Delight** 30min ot & Ankle Rooibos Exfoliation & ssage.	R24
ssic Pedicure 60min	R32
cicle Care, Foot Soak, Foot Scrub, el Buff, Foot Massage, File & Paint	
a Pedicure** 90min icle Care, Foot Soak, Foot Scrub, el Buff, Foot Massage, Hydrating	R38
affin Foot Masque, File & Paint.	
imate Pedicure** 90min	R40
giheel Foot Peel, Foot Scrub, Foot Soak,	
rnd sin a cit or ros sine a cit	and & Arm Rooibos Exfoliation lassage. ssic Manicure sicle Care, Hand Massage, and Scrub, File & Paint. Manicure** 90min icle Care, Hand Massage, Hand Scrub, Irating Paraffin Hand Masque, File & Paint. imate Manicure** 90min Polish, Hand Scrub, Hand Soak, Cuticle Care, and Masque, Vitamin Treatment & Hand Massage. dicures nature Rooibos Foot Delight** t & Ankle Rooibos Exfoliation & sage. ssic Pedicure icle Care, Foot Soak, Foot Scrub, all Buff, Foot Massage, File & Paint. Pedicure** 90min icle Care, Foot Soak, Foot Scrub, all Buff, Foot Massage, Hydrating affin Foot Masque, File & Paint. imate Pedicure** 90min



Pedicure & Gel Overlay*





Cuticle Care, Foot Masque, Paint & Massage.



Other Treatments

Male Grooming

MANnique Facial** For the male skin. A Non-fuss cleansing of Facial using the Annique men's skin care in Cleanse, Steam, Exfoliate, Massage, Masqu	r hydrating ange.	R460
Gents Manicure Cuticle Care, File, Hand and Arm Scrub 8	45min k Massage	R260
Gents Pedicure Surgiheel Heel Treatment, Foot Soak & So	60min crub, Massage.	
Stomach, Back or Chest Wax	30 – 45min	

Gentleman's Escape 3h00 R850

45min Specialised Back, Neck & Shoulder Massage, MANnique Facial and Gents Manicure or Gents Pedicure followed by a Spa Snack.

Group Pampering

Buffet style finger food breakfast or lunch with beverages provided.

75min R550 p/person Spa Party Ideally suited for Corporate Business Groups, Team Building or Year End Functions, Each member receives: 30min Express Facial, 30min Back, Neck & Shoulder Massage, Hand or Foot Massage, Glass of Champagne.

Pamper Party 20min R200 p/person

Perfect for Kitchen Teas, Parties and Stork Teas, Each member receives: 20min Balinese Scalp Massage or 20min Rooibos Foot Massage or 20min Rooibos Hand Massage.

Girls' Princess Party 45min R280 p/person

Great for Birthday Parties age 8 – 13. Not available on Saturdays. Each young lady receives a Nail Paint on her hands and feet as well as a mini Princess Facial. Adult supervision required.

Image Consulting

Personal Colour Coding	R750
Add Wardrobe Planning	R550

Make-Up

Day Make-Up / Trial Evening / Special Occasion Make-Up	60min 75min	R320
Personal Make-up Session	90min	
Bridal Make-Up at Venue (Trial included)		R850

Sunbed

Single Session	I5min	R50
I0 x Sessions		R400

Spray Tan

Caribbean Tan (Full Body)	30min	R250
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Terms & Conditions

- Kindly arrive 15 minutes prior to your scheduled
- In case of late arrival, your treatment time will be reduced and full rate will apply.
- We require 24 hours notice for cancellation. If not. 50% cancellation fee will be applicable.
- No Cheques accepted, Debit Cards, Credit Cards and EFT Payments welcome.
- A 50% deposit is required when booking a Spa Package and specific treatments.
- Please bring appropriate swimwear for all Water Facilities and Spa Packages.
- Please respect all our guests' right to relaxation, therefore ensure all phones switched off/ silent mode. Management and staff are not liable for lost, stolen or
- damaged valuables, as well as cash or personal items, while making use of the Salon and Spa facilities.
- Prices valid from 01 October 2020 until 31 September 2021.
- Provisional bookings will not be held for longer than 5 working days.





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experience a gentletouch









Spa Packages

All Spa Packages include the Jacuzzi, Infrared Sauna and Steam Room as well as Breakfast or Lunch and Beverages.

Half Day Packages

Enchanted Retreat

Full Body Exfoliation & Lillian Terry Body Wrap with a Scalp Massage followed by a 60min Full Body Swedish Massage.

3h00 R1100

5h00 R1900

8h00 R3000

Daytime Revival

60min Full Body Swedish Massage & Annique Facial with a Scalp Massage followed by a Classic Manicure and Classic Pedicure.

Great Escape 5h00 R2000

Full Body Rooibos Exfoliation, 90min Signature Annique Massage & Hydrating Paraffin Facial followed by an Express Manicure and Express Pedicure.

Full Day Package

Absolute Rooibos

Full Body Rooibos Exfoliation with a Detox or Muscle-ease Lillian Terry Body Wrap, Signature 90min Annique Massage and Signature 90min Rejuvenating Facial followed by a Spa Manicure and Spa Pedicure. Also receive a Rooibos Goodie Bag with our compliments to relive your experience at home.

Create Your Own Spa Day

Combine any 3 of the **starred**** treatments on the menu to make your personalised Spa Package. We will add on Breakfast or Lunch and the Water Facilities to complete your experience.

Celebration Packages

Relax & Revive Ih45 R750

30min Back, Neck & Shoulder Massage, 30min Express Annique Facial and 30min Foot & Ankle Massage followed by a Spa Snack in the garden.

Bride-To-Be 3h30 R950

I5min Jacuzzi & Champagne, 45min Back, Neck & Shoulder Massage, 30min Express Annique Facial, Spa Manicure OR Spa Pedicure followed by Breakfast or Lunch.

Mom-To-Be 4h00 R1200

45min Pregnancy Massage, 60min Signature Annique Facial, 60min Classic Pedicure and 30min Express Manicure followed by Breakfast or Lunch.

Refresh & Restore 5h00 R1600

30min Full Body Rooibos Exfoliation, 90min Signature Annique Massage, 60min Classic Pedicure, 60min Signature Annique Facial followed by Breakfast or Lunch.

Couples Escape 2h30 R1800 p/couple

Jacuzzi & Champagne, 45min Aromatherapy Back, Neck & Shoulder Massage, 45min Foot & Ankle Massage with Paraffin Foot Treatment followed by a Spa Snack in the Garden

Couples Retreat 4h30 R3000 p/couple

Jacuzzi & Champagne, Full Body Exfoliation and Lillian Terry Body Wrap, 90min Signature Annique Massage & Signature Annique Facial followed by Breakfast or Lunch





Massage Treatments

Swedish or Aromatherapy or Pregnancy Massage Full Body Massage Full Body with Scalp Massage	30min 45min 60min 75min	R520
Hot Stone Therapy**	45min 90min	R460 R620
Deep Tissue / Sport	45min 90min	
Balinese Scalp Massage**	30min	R320
Reflexology	60min	R440
Couples Swedish or Aromatherapy	60min	R950
Couples Hot Stone Therapy	90min	R1200
Signature Annique Massage** Focusing on releasing tension in the Back, Shoulders & back of the Legs combined v deeply relaxing Scalp Massage.		R650

Spa Upgrades

Breakfast or Lunch (p/person) 30r	min R8
Water Facilities (p/person) Jacuzzi, Infrared Sauna and Steam Room	min RIO

Spa Couples Suite (p/person) 90min R280 Upgrade to our private Spa Suite and receive Spa Breakfast OR Lunch, Tranquility Jet-Bath and a complimentary 30min Hand OR Foot Massage Valued at R460

Body Treatments

I dii body Rooibos Exioliation	JUITINI	11320
Body Wraps	90min	R550
Each Wrap includes a Full Body Exfoliation as	well as a	
30min Back, Neck & Shoulder Massage.		
	Body Wraps Each Wrap includes a Full Body Exfoliation as	Each Wrap includes a Full Body Exfoliation as well as a

Muscle-Ease:	Ideal to soothe aching & tense muscles & joints.
Detox:	Ideal to cleanse the body from impurities.

S	ignature Rooibos Body Delight**	90min	R550
F	ull Body Rooibos Exfoliation and a		
6	Omin Full Body Swedish Massage.		

Purifying Back Treatment 60min R480 Cleansing Back Treatment to remove dead skin and impurities. Includes Back Scrub, Steam, Extractions, Massage and Purifying Detox Massage.

Slimming

Cellulite Treatment 60min R500

Gentle Exfoliation on target area to improve circulation.

Application of Detox Wrap to remove impurities.

Massage / Cupping to promote Lymph drainage.

Application of Cellulite Wrap Treatment.

Single Faradic Treatment 75min R350 Tightens and tones area specific muscles

Single G5 Treatment 60min R350 Improves blood circulation to target Cellulite

G5 and Faradic treatments include a l0min Infrared Sauna or Steam Session prior to your treatment.

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20min P220

Facial Treatments

Signature Annique Facial ** 60min R480 For all skin types. Cleanse, Steam, Exfoliate, Massage, Masque,

Moisturise. Includes Scalp Massage or Hand Massage.

Hydrating Paraffin Facial 60min R520
For dry and dehydrated skin. Cleanse, Stearn, Exfoliate,

For dry and dehydrated skin. Cleanse, Stearn, Exfoliate, Massage, Hydrating Paraffin Face Masque, Moisturise.

Face Facts Teen Facial 75min R450 For problem skin. Cleanse, Steam, Extractions,

Exfoliate, High Frequency, Masque, Moisturise.

Deep Cleanse Facial 90min R580 For problem skin. Cleanse, Stearn, Extractions,

Exfoliate, High Frequency, Masque, Moisturise.

Single High Frequency 45min R300

For problem skin. Hot compress, Extractions, High Frequency.

Diamond Peel Facial (MicroDermabration) 60min R550

Effectively Targeting Pigmentation, Acne/Congestion or Premature Ageing by removing the dead skin cells from the top layer of your skin. Cleanse, MicroDermabration, Masque, Moisturise.

HydraGlow Facial (MicroHydrabration) 60min R950 Non-invasive Aesthetic Treatment which Deep Cleanses the

Non-invasive Aesthetic Ireatment which Deep Cleanses the skin and gives it a healthy Glow. 3 highly effective Serums are used to rejuvenate the skin and gives immediate results that last. Cleanse, MicroHydrabration, Masque, Moisturise.

Facial Upgrades

Enquire with your therapist for specialised Facial Upgrades to customise your experience.



Anti-Aging Facials

These Facials are suitable for all skin types and includes the Forever Young Range.

60min R500

Forever Young Facial**

Protects against premature aging by boosting your skin's antioxidant and moisture levels. Cleanse, Exfoliate, Gold BarTreatment, Masque, Moisturise.

Micro-Lift Facial 90min R550

Using Micro-current to stimulate collagen production and tighten the skin. Cleanse, Steam, Exfoliate, Massage, Micro-lift, Masque, Moisturise.

Signature Rejuvenating Facial ** 90min R700

Deeply hydrating Facial using our Specialised EMS & Galvanic Machine to firm and tone the skin. Cleanse, Steam, Exfoliate, Massage, Specialised Anti-ageing Masque, Anti-ageing Eye Treatment, Moisturise.

Wax & Tint

Lash Tint	I5min	R85
Brow Tint & Lash Tint	30min	R150
Brow Wax & Tint	30min	R150
Brow, Lip or Chin Wax	15min	R85
Full Face Wax	45min	R250
½ Leg Wax	30min	R230
³/₄ Leg Wax	45min	R250
Full Leg Wax	60min	R270
Hadaman Mari	20	DIFO
Underarm Wax	20min	R150
Bikini Wax	20min	R220
G-String Wax	30min	R240
Brazilian Wax	45min	R280
Hollywood Wax (extended)	60min	R300